



**Dulan's Catering Co.**  
**FOOD PROGRAM MENU (Food Based Menu Planning/Offer vs. Serve)**  
**Sample School Lunch Cyclic Menu**  
 Menu is subject to change \*Fruit items are subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Week One</b>	Cheese Ravioli w/ marina sauce Tossed Salad Garlic Bread Stick Orange Juice, Milk	Beef Hamburger w/ Lettuce & Tomatoes Tater Tots Apple Milk	Turkey Taco w/ lettuce & Tomatoes Spanish Rice Apple Juice Milk	Turkey Chili Steamed Rice Sauteed Corn Cornbread, Orange Milk	Orange Chicken Vegetable Chow- mien Veggie Egg Roll Grape Juice, Milk	
<b>Week Two</b>	Pasta Primavera Tossed Salad Garlic Bread Stick Orange Juice Milk	Chicken Sandwich w/Lettuce & Toma- toes, Baked Curly Fries Cantaloupe, Milk	Teriyaki Chicken Fried Rice Oriental Veggies Egg Roll Grape Juice, Milk	Chicken Tostado Salad (Spanish rice, beans, salad, chicken, cheese), Plum Milk	Chicken Nuggets Macaroni & Cheese Corn on Cob Wheat Rolls, Apple Juice, Milk	
<b>Week Three</b>	Spaghetti w/ Turkey Marinara Sauce, Tossed Salad, Garlic Bread Stick, Orange Juice, Milk	Beef Hamburger w/ Lettuce & Tomatoes Tater Tots Apple Milk	Orange Chicken Wings, Macaroni & Cheese, Tossed Salad Cornbread, Grape Juice, Milk	Chicken Tenders Mashed Potatoes w/ gravy, Corn on Cob White Rolls Orange, Milk	Sack Lunches Turkey Sandwiches Cookie, Corn Chips Apple Fruit Juice, Milk	
<b>Week Four</b>	Baked Ziti Tossed Salad Garlic Bread Stick Orange Juice Milk	Chicken Sandwich w/Lettuce & Toma- toes, Baked curly Fries, Water melon Milk	Roasted Chicken Rice Pilaf Mixed Veggies Cornbread Grape Juice, Milk	Turkey Taco w/ lettuce & Tomatoes Spanish Rice Tangerine Milk	Pizza Caesar Salad Apple Juice Milk	
<b>Week Five</b>	Penne w/grilled chicken & alfredo sauce, Garlic Bread Stick Tossed Salad	Chicken Nuggets Macaroni & Cheese Slim Slaw White Rolls Orange , Milk	Teriyaki Chicken wings, Mashed Pota- toes w/gravy, Mixed Veggies, Bread Stick Grape Juice, Milk	Nachos w/ Turkey meat, Cheese & Spanish Rice Plums Milk	BBQ Chicken Baked Beans Corn on Cob Wheat Rolls Grape Juice, Milk	



**Dulan's Catering Co.**  
**FOOD PROGRAM MENU (Food Based Menu Planning/Offer vs. Serve)**  
**Sample School Lunch Cyclic Vegetarian Menu**  
 Menu is subject to change \*Fruit items are subject to change

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Week One</b>	Cheese Ravioli w/ marina sauce Tossed Salad Garlic Bread Stick Orange, Milk	Veggie Hamburger w/Lettuce & Tomatoes Potato Triangles Apple, Milk	Cheese & Tomatoes Quesadillas Mexican Salad Apple Juice Milk	Cheese Calzones Caesar Salad Orange Milk	Vegetable Egg Roll Vegetable Chowmien, Vegetable Sa-tay, Grape Juice Milk	
<b>Week Two</b>	Vegetarian Pasta Primavera Tossed Salad Garlic Bread Stick Orange Juice, Milk	Grilled Vegetable Sandwiches Potato Triangles Apple Milk	Vegetarian Lasagna Salad, Roll Grape Juice Milk	Cheese Enchiladas Mexican Salad Orange Milk	Carrot-Roasted Onion Quiche Zucchini w/tomatoes Apple Juice Milk	
<b>Week Three</b>	Veggie Spaghetti w/ marinara sauce Tossed Salad Garlic Bread Stick Orange Juice, Milk	Veggie Hamburger w/Lettuce & Tomatoes Potato Triangle Apple	Stuffed Shells w/ marinara sauce Tossed Salad, Garlic Bread Stick, Grape Juice, Milk	Carrot-Roasted Onion Quiche Zucchini w/tomatoes Grape Juice Milk	Tofu Jambalaya Tossed Salad Garlic Bread Stick Apple Juice Milk	
<b>Week Four</b>	Baked Ziti Salad Garlic Bread Stick Orange Juice Milk	Grilled Vegetable Sandwiches Potato Triangles Apple Milk	Cheese & Tomatoes Quesadillas Mexican Salad Grape Juice Milk	Cheese Ravioli w/ marina sauce Tossed Salad Garlic Bread Stick Orange, Milk	Cheese Pizza Caesar Salad Apple Juice Milk	
<b>Week Five</b>	Veggie Penne w/ Alfredo Sauce Tossed Salad Garlic Bread Stick Orange Juice, Milk	Macaroni & Cheese Broccoli, Cauliflower & Carrots Garlic Bread Grape Juice, Milk	Cheese Enchiladas Mexican Salad Apple Milk	Stuffed Shells w/ marinara sauce Tossed Salad, Garlic Bread Stick, Orange Juice, Milk	Macaroni & Cheese Broccoli, Cauliflower & Carrots Garlic Bread Grape Juice, Milk	



Dolan's Catering Co.  
**Breakfast Cyclic Menu**

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Week One</b>	Cold Cereal Apple Cinnamon Mini Loaf Apple Milk	Bagel w/cream cheese Orange Milk	Peanut Butter & Jelly Bar Plums Milk	Traditional Teacakes Bananas Milk	Nutri Grain Bars Tangerine Milk	
<b>Week Two</b>	Cold cereal Banana Mini Loaf Apple Milk	Blueberry Teacakes w/string cheese Orange Milk	Yogurt w/Graham Cracker Plums Milk	Blueberry Muffins Bananas Milk	Cereal 1/2 Peanut Butter & Jelly Sandwich Tangerine Milk	
<b>Week Three</b>	Cold Cereal Apple Cinnamon Mini Loaf Apple Milk	Bagel w/cream cheese Orange Milk	Peanut Butter & Jelly Bar Plums Milk	Teacakes Bananas Milk	Nutri Grain Bars Tangerine Milk	
<b>Week Four</b>	Cold Cereal Banana Mini Loaf Apple Milk	Blueberry Teacakes w/string cheese Orange Milk	Yogurt w/Graham Cracker Plums Milk	Apple Cinnamon Muffins Bananas Milk	Cereal 1/2 Peanut Butter & Jelly Sandwich Tangerine Milk	
<b>Week Five</b>	Cold Cereal Apple Cinnamon Mini Loaf Apple Milk	Bagel w/cream cheese Orange Milk	Peanut Butter & Jelly Bar Plums Milk	Traditional Teacakes Bananas Milk	Nutri Grain Bars Tangerine Milk	

# Dulan's Catering Company

## FOOD PROGRAM MENU

### Cyclic Snack Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Week One</b>	1/2 Peanut Butter & Jelly Sandwich Milk	Gold Fish Cracker Juice	Graham Cracker Juice	Cereal Milk	Cheese-it Cracker Juice	
<b>Week Two</b>	Chocolate Teacakes Milk	Gold Fish Cracker Juice	Chocolate Graham Cracker Juice	Mini Loaf Milk	Cheese-it Cracker Juice	
<b>Week Three</b>	1/2 Peanut Butter & Jelly Sandwich Milk	Gold Fish Cracker Juice	Apple Cinnamon Graham Cracker Juice	Cereal Milk	Cheese-it Cracker Juice	
<b>Week Four</b>	Blueberry Teacakes Milk	Gold Fish Cracker Juice	Chocolate Graham Cracker Juice	Mini Loaf Milk	Cheese-it Cracker Juice	
<b>Week Five</b>	1/2 Peanut Butter & Jelly Sandwich Milk	Gold Fish Cracker Juice	Apple Cinnamon-Graham Cracker Juice	Cereal Milk	Cheese-it Cracker Juice	